

# Online Safety for Parents

April 2017

Helping you to keep your children safe online



Dear Parents and Carers,

Your children are growing up in a digital world and there are many ways to support and protect them.

There are practical ways by setting up filters and parental controls, this site has a comprehensive range of how to do this across a variety of suppliers: <https://www.internetmatters.org/parental-controls/interactive-guide/>

If your children have mobile phones, have you capped the amount that they can spend on their mobile phone? Going over budget on mobile phones can cause stress and upset between parents and children, capping limits will avoid unnecessary tension.

Have you heard of You Tube Kids? It is a downloadable app where you can set the home screen age level to: All kids, Pre-school or school age. It is worth having a look at this review video to find out more: <https://www.youtube.com/watch?v=gtjXhK4Mxo&t=379s>

Do you talk to your children about what they do online?

- Do your children have You Tube accounts? To have your own You Tube channel the terms and conditions state you have to be 18. They can have an account at 13 but parental permission is required. Does make you think about the content they are watching? Please check.
- What games does your child play? Please check the [PEGI ratings](#) of all games to be sure that your child is not watching anything that can really upset them and cause anxiety and sleepless nights.
- Do you talk about new apps that become available? This app— SimSimi has been blocked temporality in Ireland as parents were very worried about its potential use for Cyber-bullying.

If you ever want support with keeping children safer when using the internet, remember you can always come in and chat with a member of staff.



## Useful links

<http://parentinfo.org/>



Parental Control Links Childnet  
<http://www.childnet.com/parents-and-carers/hot-topics/parental-controls>



UK Safer Internet Centre  
<http://www.saferinternet.org.uk>



Think U Know  
<https://www.thinkuknow.co.uk>



CEOP (Child Exploitation on line Protection Agency)  
<http://www.ceop.police.uk>



Internet Matters.org  
<https://www.internetmatters.org>

