

Our PE Vision



Our vision at St Mary Magdalene is that all children enjoy and develop positive attitudes to Physical Education and sport.

Through Physical Education and sport we aim to:-

- To develop competence to excel in a broad range of physical activity
- To engage children in competitive sports and activities
- To engage children in physical activity for sustained periods of time
- To encourage lifelong participation and a healthy active lifestyle
- To develop the children's enjoyment of physical activity in order to increase participation
- To enable children to develop and explore physical skills with increasing control and coordination.
- To enable children to evaluate their own and others' performance and improve their quality and control as a result.
- To encourage children to work and play with others in a range of group situations.
- To develop children's knowledge and understanding of different sports and games, and apply rules and conventions when taking part.
- To enable children to recognise and describe how their bodies feel during exercise and understand the importance of a healthy lifestyle